



COVID-19 – UPDATE FROM NARCH ON 14th May 2021

(This update is not applicable to NARCH International members. For members operating in Wales, Scotland and Ireland, you should refer to your own local government guidelines, where these may differ from those of England.)

With confirmation that the Governments COVID-19 Roadmap is on track and planned Step 3 easements will go ahead on 17th May 2021, the NARCH Committee wanted to take this opportunity to emphasise the importance of continued caution within a hydrotherapy setting.

It is vital that all centres maintain the implementation of good practice and safe behaviours for hydrotherapy, as set out in the NARCH Good Practice and Safe Behaviours for Hydrotherapists protocol document dated 12th May 2020. This document can be found in the Resource Library of the NARCH website.

All centres should still be continually checking and refreshing their risk assessment procedures, together with their individual COVID-19 existing protocols, to ensure the continued safety of staff, clients and the public. Safe social distancing should be adhered to in centres, along with the wearing of appropriate PPE.

Many centres may now be contemplating permitting one owner at a time back into their centres. However, despite the current low infection rates, we would strongly recommend that in all but a very few exceptions, clients should still remain outside your premises.

Refer to COVID-19 NARCH Good Practice and Safe Behaviours for Hydrotherapists protocol document dated 12th May 2020, held in the Resource Library of NARCH website.

Thank you

NARCH Committee

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